

**2025-26 MIAC Men's Swimming & Diving Regional and National Awards****2025-26 CSC Academic All-District Women's Swimming & Diving**

<b>Name</b>	<b>Institution</b>	<b>Class</b>	<b>Hometown</b>	<b>High School</b>	<b>Previous Selections</b>
Hans Anderson	Carleton	Sr.	Watertown, Minn.	Watertown-Mayer	2025
Aiden Johnson	Carleton	Jr.	Rochester, Minn.	Mayo	2025
Warren Kozak	Carleton	Jr.	Houston, Texas	Saint John's	--
Jackson Rankin	Carleton	Jr.	Potomac, Md.	Wootton	2025
Aiden Carlson	Gustavus	Jr.	Moorhead, Minn.	Moorhead	--
Ben Kell	Gustavus	Jr.	Minneapolis, Minn.	Southwest	--
Braden Ripken	Gustavus	Jr.	Blaine, Minn.	Spring Lake Park	2025
Brandon Wilcek	Gustavus	Sr.	Farmington, Minn.	Farmington	--
Evan Poeschel	Hamline	Sr.	Cottage Grove, Minn.	East Ridge	2025
Tristan Popa	Hamline	So.	Eagle River, Alaska	Eagle River	--
Manny Poscher	Hamline	So.	Circle Pines, Minn.	Centennial	--
Gus Shaffer	Hamline	So.	Klamath Falls, Ore.	Klamath Union	--
Boden Allen	Macalester	So.	Los Angeles, Calif.	Redonda Union	--
TJ Palli	Macalester	Sr.	Maple Grove, Minn.	Maple Grove	2024   2025
Jack Schumacher	Macalester	So.	Golden, Colo.	Lakewood	--
Will St. John	Macalester	Sr.	McGaheysville, Va.	East Rockingham	2024   2025
Trevor Barton	Saint John's	Jr.	Buffalo, Minn.	Buffalo	--
Henry Hilgendorf	Saint John's	So.	Owatonna, Minn.	Owatonna	--
Jason Jones	Saint John's	So.	Monticello, Minn.	Monticello	--
Cody Watts	Saint John's	Jr.	St. Cloud, Minn.	St. Cloud Tech	2025
Travis Elling	St. Olaf	So.	Duluth, Minn.	Duluth East	--
Beau Giddings	St. Olaf	Sr.	Duluth, Minn.	Duluth East	--
Jack Homme	St. Olaf	Jr.	Rochester, Minn.	Century	2025
Nick Starcevich	St. Olaf	Sr.	Blaine, Minn.	Spring Lake Park	2024   2025